



My wrinkles were getting worse and I was feeling embarrassed and ashamed. Then I saw an episode of 60 Minutes that changed my life and got rid of my wrinkles. Now I look 15 years younger! ➡➡➡

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Annie Kay
Nutrition Examiner

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Marijuana and nutrition; does it really help?

February 6, 1:34 PM · 19 comments

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The great state of [Massachusetts](#) this year, with a notable lack of fanfare, decriminalized the possession of small amounts of marijuana. [Cannabis](#) has been in the news quite a bit lately as more and more states have initiatives to legalize the bud. During February, National Marijuana Awareness Month (is anyone not aware of marijuana?), we at Examiner are examining what's going on with weed.

For me it's nutrition. So what is all the [medical spleef](#) floating around actually doing nutritionally for those who use it?



Medical spleef grows as hippies age. [Photo](#)

“The evidence is overwhelming that marijuana can relieve certain types of pain, nausea, vomiting and other symptoms caused by such illnesses as multiple sclerosis, cancer and AIDS -- or by the harsh drugs sometimes used to treat them. And it can do so with remarkable safety. Indeed, marijuana is less toxic than many of the drugs that physicians prescribe every day.”
Mar. 26, 2004 - Joycelyn Elders, MD

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