Since his 1990 accident, Mark Braunstein, an incomplete para, has alone in a house in the woods in Conne — doing his own housekeeping and laundry, growing a garden and co — while remainin-sufficient as a writer and college librarian. But his passion for growing vegetables is not the only horticultural activity is important to him. Braunstein has smoked half a gram of homeg one joint's worth — every night after dinner since 1991. Without his nightly spliff, he says he wouldn't be able to use his crutch walk the trails around his home because spasms would pop his from his braces. He also wouldn't be able to drive without controls because an errant leg spasm could send him careening of road. “I have remained productive not despite marijuana,” he “but because o

Braunstein never used pharmaceutical drugs in the 17 years befor accident and has refrained from using prescribed drugs since th didn’t want to be a zombie.” Instead, he relied on his own high threshold while looking for a natural alternative. Through the disa grapevine and experimentation, Braunstein discovered pot wa only thing that alleviated both spasms and — and the only side effect was euphoria. “I also have a high tolerance for euphoria q

These days it s America has a hi tolerance fo notion that marij is medicine. Four states currently some form of m marijuana legisl and the list is lik grow. Add to tha O administr pledge to cease on dispensaries comply with laws, and publ seems all is now —dory for those who need cannabis to treat their ailments. However, even if you’re lucky enough to live in o the 14 states that have approved use of medicinal marijuana, the vary widely between states that restrictions instituted to pr abuse and criminality have begun to work against those legitimately need a dose of the herb to get through the