Caldwell College Student Newspaper



Vol 3 Issue 2 November 2008







AP Photo/Stephan Savoia

A LIST



We want the Caldwell community to go the polls informed. So, here is the basic information you need to know before you cast your ballot.

The ISSUES Where OBAMA Stands Where McCAIN Stands
Universal healthcare Obama for McCain against

Universal healthcare	Obama for	McCain against
Homeland Security Patriot Act	Obama for	McCain for
No Child Left Behind Act	Obama against	McCain for
Outsourcing of U.S. Jobs	Obama not decided	McCain for
Gun Control — Assault Weapon Ban	Obama for	McCain against
Privatizing Social Security	Obama against	McCain for
Roe v. Wade	Obama for	McCain against
Creation of Embryos for stem cell research	Obama for	McCain against
Energy and oil ANWR Drilling	Obama against	McCain against
Timetable for troop withdrawal from Iraq	Obama for	McCain against
Same-sex marriage	Obama against	McCain against

This information was compiled based on public information, including data provided on www.2decide.com, www.cnn.com and ProCon.org

In this issue:









NATIONAL NEWS

Measures Against Alcohol Usage on College Campuses: How do we Measure Up?

Nicole L. Scimone

Staff Writer

"Studies show that about 43% of all students report drinking in a high-risk manner at some point in their college career. Twenty percent of students report drinking in a high-risk manner often," according to the White House's Web page about "Alcohol and Drug Abuse on College Campuses." Clearly, something needs to change.

College and university presidents across the country are trying to open discussion and raise awareness about alcohol problems among college-age students by supporting a movement known as the Amethyst Initiative. The group was started in July of this year by John McCardell, President Emeritus of Middlebury College and Founder of Choose Responsibility, and a group of college presidents with "a common desire to reopen public debate over the drinking age," as stated by the Initiative's Web site. The Amethyst Initiative gets its name from Greek mythology. According to tradition, the amethyst was associated with moderation in drinking.

Many college presidents who have signed the Amethyst Initiative believe that the organization can open debate on key topics surrounding alcohol

use and abuse in colleges. In Initiative, such as addition, many, though not all, believe that discussing whether reducing the legal drinking age from 21 to 18 can have an effect on alcohol use. They suggest that possibly the allure of alcohol as a foreign or forbidden substance gives it much of its power over college students leaving home for the first time.

As of this printing, the 130 signers included presidents of nearby Drew University and Montclair State University, Robert Weisbuch and Susan Cole, respectively.

In reaction to the growing support of the Amethyst Initiative, Mothers Against Drunk Driving (MADD) and other anti-alcohol associations have issued statements against the proposal. The MADD press release on the topic quotes leading researchers and politicians, and cites statistics about fatalities and injuries related to alcohol usage among college students. MADD has instead supported the Support 21 Coalition, dedicated to maintaining the minimum drinking

Senator Frank Lautenberg of New Jersey has said that the idea to repeal current minimum drinking age law "defies common sense." This statement appears on a Web site authored by MADD.

There are many proponents of the ideals of the Amethyst

opening discussion and raising awareness, who do not believe that lowering the legal drinking age will have a positive effect. The current conflict between Amethyst Initiative and MADD often eclipses these more moderate voices.

Our college president, Sr. Patrice Werner, who has not signed the Amethyst Initiative, has explained that "At Caldwell, the Executive Administration has discussed the pros and cons, and we have agreed not to support it."

Caldwell's dry-campus policy prohibits any alcohol possession or consumption on campus, despite age. The Caldwell College Student Handbook states, "Possession of all alcoholic beverages is prohibited in all resident halls." It also details the consequences of consumption or possession of alcohol on campus, which include write-ups, fines, and, if the offending student is younger than 21 years old, a call home to parents.

Sr. Patrice offered the following explanation as support for Caldwell's position on alcohol usage: "According to the National Institute on Alcohol Abuse and Alcoholism, each year more than 600,000 students between the

Letter from the Editor:

"I don't think anything will change until Americans revolt and get it into their heads that they need to be informed voters instead of just listening to the paid political ads."

> Deborah Pryce, United States representative from Ohio

Dear Readers,

This issue of The Kettle has come out at a rapid pace and it was all for you, the readers. I hope you use the information presented in this issue to make an informed decision about who you will cast your vote for in the

Nov. 4. It was my goal and the goal of the staff, to have useful information. so that the students of Caldwell College could become educated about the issues and the candidates. In this issue, you will find clear-cut facts as well as debates on the candidates. As Francis Bacon said, "Knowledge is power." So, use this to get all the knowledge you can and please vote smart!

presidential elections on Tuesday,

Meghan Dunn, Editor in Chief

ages of 18 and 24 are assaulted by another student who has been drinking; 25 percent of college students report academic consequences of their drinking; and 500,000 students between the ages of 18 and 24 are unintentionally injured while under the influence of alcohol. Sticking with our policy of an alcohol free campus is not about restrictions. It has to do with staying out of harm's way whether it is in the form of harm from a car accident; harm from an assault, abuse or injury; or harm to one's academics, athletic career or even finances."

Sr. Patrice also mentioned our campus's efforts to awareness about alcohol-related problems. Caldwell's chapter of Boost Awareness Consciousness Concerning the Health of University Students, or Bacchus, is active in hosting events and programs throughout the year in support of "responsible decisions" concerning "alcoholic beverage

use or non-use." Caldwell College's Director of Substance Awareness Counseling Sandy Rock advises this organization.

The idea that so many of our peers have fallen victim to the effects of alcohol, either as a result of their own alcohol usage or someone else's, is shocking, both statistically and personally. Because this is an issue that means life or death to thousands of students each year, it warrants serious consideration. Whether changing the drinking age is the right kind of consideration remains to be debated. However, it is unchallenged that a campus that is proactive about raising contributing awareness is positively to this current social

"We want to help our students stay out of harm's way and be able to achieve all of their goals," said Sr. Patrice. "The future is too precious to waste."

What's on Your Space?

Nora Kdiry

When applying for a job, references, previous experience, appearance and resume should be enough to make or break one's chance of getting a job. In this technologically dependent society, the Internet has become a primary source in not only applying for jobs, but also for employers to research potential employees. Myspace and Facebook have created a gateway to managers and human resource departments when examining potential candidates.

Commerce Bank Store Manager, for the Secaucus, N.J. branch, Carolina Oretga-Gonzalez explains that by using Myspace and



AP Photo Illustration/ Peter Hamlin

You may think that your Facebook page is all fun, but who else can see your page?

Facebook as a source it enables employers to "see beyond what the interview allows us to see and make sure that the potential employee is not just another 'cookie cutter' depiction of what an employee should be." Oretga-Gonzalez also explains that the way a person carries him or herself in an interview is "completely different from the person they are everyday outside of work."

Social networking Web sites such as Myspace and Facebook should be monitored and maintained properly by the site owner. Inappropriate pictures or comments could give future employers a different outlook on the candidate and make them think twice about hiring that person. Ortega-Gonzalez also says the process of finding an individual that is right for the job is very

process of hiring people that are not only right for the job but also right for the branch is something that I really look for. Bank offices [the human resource department] work really hard to weed out the potential candidates from those who may be better off in busier branches, high volume branches or even slower and quieter branches."

Most college students take part in Myspace and Facebook, which makes it so much easier for employers to search for the applicants and seek more information about them. "As a subscriber to Myspace and Facebook myself, both my current and previous employees are my friends on both sites." Facebook

difficult. "Working in a small and Myspace allows employers to branch such as this one, the see a candidate in a different light. People are very different in an interview or on paper than they are in everyday life. "A person's job is not just their job anymore. What your job is and how you do your job reflects the person you are," Ortega-Gonzalez believes.

> Being cautious of what you post online whether it is humorous or a provocative picture can make or break someone's chances of getting their dream job or just a job to get them through school. Myspace and Facebook are no longer just for networking within a group of friends. They are accessible to a wider audience.

Campus News

Important Changes in Career Planning Office

Marisa Tamez

Staff Writer

Last year it was known as the Experiential Learning Center and it is now called the Career Planning and Development Office. Big changes can be found in the new and improved center and the administrators are ready, willing and able to help out as many Caldwell students as possible.

Directed by Geraldine Perret and assisted by Cassie Pfister, the improved Career Planning and Development Office has reorganized itself and is open to students weekdays. Last year, the Experiential Learning Office was only staffed by one part-time career counselor and The Career Development Office was staffed by one full-time administrator. The two departments were separated, even though they helped students in the same area.

The main focus of the Experiential Learning Office was to get students for-credit internships and co-op positions as well as organizing the yearly job fair and listing jobs for students.

Today, The Career Planning and Development Center is staffed by two full-time employees who work together to get students jobs, internships and offer students career development. Appointments can be made to talk with the administrators Perret and Pfister about everything the office has to offer.

The office helps students find part-time jobs off campus, internships and full-time jobs. The jobs are posted on the Caldwell College Job Board found on the school Web site. The office is also working on replacing the job board with *College Central*, a searchable jobs and internships database.

Perret and Pfister are eager to help Caldwell students explore majors by getting to know students on a personal level. They also assist students in learning about career paths compatible with a specific major and to the individual interests of the student. A completely stocked and practical Career Resource Library is located inside the office. It contains magazines and books with information on what major is required for certain career paths, as

well as information on graduate schools. The office aids students in developing job interviewing skills and assists them in writing resumes and cover letters. Last year, all of these resources were not completely available to students and were definitely not presented in the manner Perret and Pfister presented them. "We have been in close contact with Caldwell alumni so that students have the advantage of receiving first-hand knowledge from them. We will be having many speakers from various fields of study at Caldwell on discussion panels during Career Week on campus," Perret said. Career Week was held October 27 through the 31, where activities such as Alumni panels and discussions and workshops on possible careers related to assorted Caldwell College majors took place.

The Career Planning and Development Office has also been promoting internships for credit available to students who meet the requirements. This allows students to work closely with faculty advisors while incorporating classroom knowledge in the

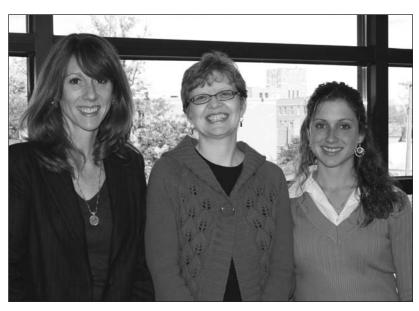


Photo by Meghan Dunn

The new faces of the Career Planning and Development Office. From left to right, Administrative Assistant, Christine M. Szeluga, Director of Career Planning and Development, Geraldine Perret and Assistant Director of Career Planning and Development, Cassie Pfister

workplace, all while earning credit and developing helpful contacts.

The biggest change for the Career Planning and Development Office has been working to increase visibility and accessibility of the services offered. "We really want to get the word out that we are here for all the students at Caldwell when it comes to finding

jobs, internships or looking into majors the school offers," Perret added. All students can benefit from the resources and knowledge available in the Career Planning and Development Office, located on the second floor of the Newman Center.

OPINION AND EDITORIAL

The Other Side of the Story Why Can't People Use Sidewalks?

Meghan Dunn

Editor in Chief

In a previous edition of *The Kettle*, Caldwell College student Sarah Kotter wrote an opinion piece called, *Why in Such a Hurry? Speeding on campus becoming a concern*. While I do agree that most drivers on campus do not do the 10 mph that is posted, I feel that there is another side of this story that isn't being told. What about the students, faculty and staff who walk in front of my car without even a second glance; are they not at fault?

Or, students who walk down the middle of the road, forcing me to

drive 2 mph until they get off their cell phone or take their headphones off and realize that they are walking in the middle of the road with a caravan of cars behind them. I understand we are on a college campus and there are going to be people walking around, but some people have lost all sense of safety. Remember in grade school when "look both ways before you cross the street" was drilled in our heads? Apparently you don't.

All I am asking is that everyone on campus be careful. I promise to drive safely on campus if you promise to look both ways before crossing the street.

How to Survive Your Candidate Losing the Election

Patrick Smith

Staff Writer

After this election some of you will believe that your elected Commander-in-Chief will lead us into a golden age of prosperity like the white knight that he is. For the rest of you, you will be slack jawed at how utterly stupid the American people are for electing this pompous, brain dead, windbag into office and ultimately getting us one step closer to our country's impending implosion. If you're the latter, here are some tip's for making the end of the election a little easier.

Unhook and/or turn off your phone. Everybody who you

disagreed with for the last two years and told that your candidate was going to win will call you up to rub your face in it. *Example:*

Caller: Hey Pat, looks like Obama lost. Looks like it *isn't* time for a change! *Hope* you aren't to upset! I really *Hope* that! HAHAHAHAHA!

Me: Thanks for the call dad.

Deny, deny, deny. The mind is a powerful thing. It can create a whole new reality to ensure the protection of the human body, specifically a reality where your candidate has won and everything's fine. Sure it's not reality...but it's sure more interesting. I personally live in a world where Doritos are a diet

food, Led Zeppelins reunited and still touring and Heath Ledger is still alive with an Oscar that looks like the Joker...it's a good world.

Demand a recount. Hey if it worked for Al Gore than it should work...for...oh...hmm.

Don't pay attention to politics until the next election. You are probably saying "Pat, How are we supposed to not pay attention to the White House for four years?" There are plenty of ways, like going into a coma. Or you could live in a cave. Hey, if bear can do it, certainly you could. What are you inferior to a bear? Get in that cave and show those bears who's boss!

5 If all the above fails then think about this: No matter who

Would you like to RESPOND?

Do you have an OPINION?

We'd love to hear from you!

Please email your thoughts to kettle@caldwell.edu

ECONOMIC CORNER

The Commuter Chronicles

Lucianne Reyes

Staff Writer

Freshman Jasmin Vazquez is a commuter from Newark, N.J., who is experiencing first hand the disadvantages of the economy's demise. With gas prices rising higher than ever, there seems to be no end to this catastrophe sweeping the nation. For those students who have to commute to school, either by public transportation or personal cars, the idea of living in the residence halls has never seemed so appealing.

Some commuters struggle with financial hardships, unavailability of transportation, and classes that are not necessarily scheduled conveniently. The odds are against them, but it doesn't mean they can't make it work.

"Dorming for me seems impossible right now because of the cost, so I have to make ends meet while sacrificing many things" Vazquez said.

According to Vazquez, forced friendships have surfaced since the solitude of two to three hours until the next class begins can be arduous. Many commuters snooze in their cars during breaks to catch up on their deprived sleep since many can live 20 minutes to an hour away. They also try to schedule classes to fit in four days or less so they do not have to travel to school as often. Joining a club, participating in a sport, or getting the help of a tutor proves to be a hassle in these student's lives. It requires them to stay longer in school, waste more gas if they have to come back later, or give up something they love to do.

Kimberly Del Valle said, "I recently became a resident, since commuting for me was a complete mess. I don't have a flexible schedule from work or school, so it made it almost impossible to even make it here sometimes. The gas



Photo by Lucianne Reyes

With the economy putting a strain on some commuter students, it isn't uncommon to find some commuters taking a nap in their car.

was consuming my whole paycheck so I had to make a decision which is helping me save my money."

The majority of college students are facing the same problems as Del Valle and Vazquez. Many students now choose colleges or universities close to home to avoid these obstacles. It's not about what

college looks better when seeking the ideal job, but which school one can afford. For future reference, use your car only when necessary, resort to dorming, acquire a flexible job that won't add to your stress, master the art of time management and try to organize your class schedule in a successive order.

24 in 24

With a rise in concerns over the economy, even students are beginning to feel the money crunch. So, The Kettle staff set out to prove that any Caldwell student can have three full meals a day without breaking the bank. And you don't have to go far...just by walking down the hill to local businesses, we can all find something to satisfy our taste buds.

TIME FRAME: 24 hours BUDGET: 24 dollars

BREAKFAST

Dunkin' Donuts

Coffee Roll	\$1	.38
Small Coffee	\$1	.35

LUNCH

Calandra's

Italian Hot Dog......\$5.95 10% Discount to Caldwell College Students.....\$-.59

DINNER

Forte's

Eggplant Parm

Dinner	\$12.95
20% Tip	\$2.59

TOTAL\$23.63

 By drinking water with lunch and dinner, you can cut off about \$5 from your daily spending.

FIVE HELPFUL TIPS:

- 2. Try to avoid "sit down" breakfasts and lunches, as this will save you the added cost of a tip... instead, order at a counter, and find your own seat. This will save you a lot in the long run.
- 3. Don't blow your budget on the earlier meals... if you spend smartly, you'll be left with enough to have a great meal in a restaurant for dinner.
- Often, it is a good idea to eat at a larger chain for one of your meals... businesses like Dunkin' Donuts or Wendy's can afford to charge less for more food.
- Don't spend on snacks! If you need that extra afternoon pick-me-up, make sure to bring a snack with you to work or school...those little extra expenses can add up!

How Safe is Your FINANCIAL AID?

Karlsun Allen

Staff Writer

Homebuyers, banks and businesses cannot get money — can you? Is your financial aid safe in these times of economic confusion? How about those federal loans you took out or that Caldwell College scholarship you have? Shawn O'Neill, director of financial aid at Caldwell College, provided insight on the topic of loans and financial aid, focusing specifically on Caldwell College.

The good news is that federal student loans, like Stafford and Perkins, have not been affected by the economic crisis. The current relative safety of Federal loans is due in part to the bill H.R. 5715 called The Ensuring Continued Access to Student Loans Act of 2008, which passed Congress in

May. This was the government's answer to the growing danger to student loan safety. As a result of the growing credit crisis, a number of federally guaranteed lenders began having difficulty finding the needed capital to back their loans, and thus started scaling down their lending activity.

For this reason, Congress passed H.R. 5715, which increased the total amount of money students are allowed to borrow in subsidized and unsubsidized loans from \$23,000 to \$31,000 for dependent students, and from \$46,000 to \$57,500 for independent students over the course of their undergraduate careers (graduate students can borrow even more). H.R. 5715 had another consequence as well, since the federally guaranteed banks now have more capital. "Students

are able to take out Stafford Loans which, in some cases, reduces their need to take out private loans or Plus Loans, which are given based on a borrower's credit history," O'Neill said.

Even though the amounts that can be borrowed have increased, the interest rates on federal student loans have not. The government actually lowered the fixed interest rate on Stafford Loans from 6.80% last year to 6.00% this year. Granted, this is still nearly twice the interest rate that was allotted between 1998 and 2006 (3.61%). Even so, federal student loans still have the lowest interest rates of any student loans because they are guaranteed by the government.

On the other hand, private student loans, which are not guaranteed by the government, are being affected the same as car loans and home mortgages. Since banks are having some difficulty getting the credit they need, they have to be more selective on how and to whom they lend money. The people who are having the most trouble getting private loans are those with poor or no credit who therefore create the most risk for the lender. However, the recent \$700 million bailout, which passed Congress in early October, is theoretically going to provide more credit availability and therefore make it easier to

obtain private loans. As O'Neill put it, "In my opinion, the bailout will help by shoring up the banking industry and other financial lending institutions. If those banks are secure and stable they will have the capital to lend for home equity loans, private loans, car loans and student loans."

and

scholarships

Grants

obviously follow a different financial track than loans, but their safety must still be O'Neill considered. "President Bush did just sign another bill promising funding for the federal Pell Grant though the 2009/2010 school year." In addition, New Jersey, along with other states, has already approved and is working on getting the funding for its state Tuition Aid Grants. This indicates that, at least for now, government grants are safe and, as O'Neill reminds us, Caldwell College grants and scholarships are even safer because they "come from institutional money that Caldwell College has budgeted for financial aid, which is not tied to the federal government."

O'Neill summed it up well when referring to Caldwell College's student financial aid by saying, "Our students are good and it is my hope that student financial aid across the nation will remain good."





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THE ARTS

What to do on the WEEKENDS? Samantha Payerl, Staff Writer

Listen up, Weekend Warriors! Rather than sit around in your dorm rooms contemplating whether you or your mother would make a better candidate for doing this week's festering pile of laundry, or if you are a commuter and have already condemned your mother to several more years of washing your socks, think outside the box! Not every waking moment needs to be spent on campus. Therefore, I've compiled a list of various places one can explore on the weekends. So go out and explore new horizons, for the world is your oyster (unless you are allergic to shellfish, than that's an entirely different story).

Tasty Coco

Location: 291 Bloomfield Ave., Caldwell, NJ Times: Monday-Thursday 10:00 a.m.-11:00 p.m. Friday: 10:00 a.m.-11:30 p.m.

Saturday: 12:00 p.m.-12:00 a.m. • Sunday: Closed Let's start local before branching out. The Tasty Coco is a laid back café with a comfy atmosphere. This scene is best suited for anyone looking to sit back and relax with a good book and freshly brewed drink. The Tasty Coco is run by two Caldwell College Alumni from the class of 2001. All Caldwell College students receive a student discount rate of 10% on their orders. Each meal is freshly prepared upon ordering and their prices range from \$6.95-\$9.95. Tasty Coco is also well known for

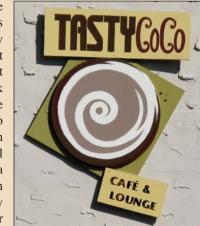


Photo by Samantha Payerl

its entertainment. Monthly entertainment includes: a Jazz trio, various poetry readings and live music scheduled every other Thursday night. In addition, Tasty Coco hosts an open-mic night every other Wednesday night. So if you have a guitar, bag pipes, or more cowbell collecting dust under your bed, dig it out, brush it off, and call up Tasty Coco in advance and reserve yourself a spot for the next open-mic night. Who knows, wooing a crowd with melodic tunes may be your new hobby.

Montclair Art Museum

Location: 3 South Mountain Ave., Montclair, NJ **Times and Pricing:**

Wednesday-Sunday: 12:00 p.m.-5:00 p.m. Mondays, Tuesdays and major holidays: Closed Adults: \$12 • Children under 12: Free

Senior Citizens and Students with valid I.D.: \$10 Admission is free for everyone on the first Friday of every month.

The Montclair Art Museum's main goal is to collect, preserve and

present both American and Native American art in order to explore the relationships between these two evolving artistic traditions. Each exhibition offers a groundbreaking scholarship and a first time presentation for under-recognized artists. They also collaborate with various community and cultural partners in order to inspire creativity and a better understanding of America's unique diversity. The Montclair Art Museum opened their newest exhibit; Philip Pearlstein: Objectifications on Oct. 18. As an innovative American realist painter, forty of Pearlstein's works will be featured in this timeless exhibit.

Madison Sauare Garden Location: 7th Ave & 32nd St. NYC For those who don't want to be Jersey-bound on weekends, you can walk to the Caldwell College entrance on Bloomfield Ave and catch the DeCamp bus to New York City. The bus will be let you off at Port Authority, which is within walking distance of Madison Square Garden. The added bonus is being able to explore the city while waiting to be admitted into your venue. Madison Square Garden is the home of the New York Rangers, the Knicks, the Liberty and boxing matches. Also, Madison Square Garden hosts various concerts. Once more, the ticket pricing varies and there are no student discount rates unless the tickets are purchased as a group rate. So grab some friends and venture into the city for some sight-seeing and entertainment.

Clearview Caldwell Cinemas 4

Location: 317 Bloomfield Ave., Caldwell, NJ Times and Pricing:

General Admission: \$10.25 Senior Citizens: \$8.50 Children: \$7.50 Matinee Specials: \$8.50

Monday to Friday: All Shows before 4 p.m. Saturday, Sunday & Holidays: All Shows Before 2 p.m.

For all those who have the Optimum Triple Play rewards card, why watch the same reruns of Friends when you can go to the movie theater in town and catch a new flick. For those who have the rewards card, Tuesdays are especially stellar since you can see any movie your heart desire for free. So if you're into comedy, Nick & Norah's Infinite Playlist is for you. Those who love to re-watch and cry with the Notebook, Nights in Rodanthe is a romantic flick. For anyone who thought Chuck Norris' action was intense should catch Eagle Eye. And for anyone interested in creepy unexplainable phenomenons should see Quarantine.

The Prudential Center



AP Photo/Mike Derer

Location: 165 Mulberry Street, Newark, NJ

Located in the heart of downtown Newark, the Prudential Center is accessible via NJ Transit, PATH, Newark Light Rail Service and Amtrak. The Prudential Center is the home of the New Jersey Devils, the Ironmen soccer team, and Seton Hall University mens basketball. In addition, the Prudential Center hosts a wide variety of concerts, sporting events and the circus. The pricing of these events vary with no student discount rates. The only discount that will result is if the tickets are bought as a group. So grab a bunch of your friends, buy the tickets in bulk, and go enjoy an entertainment event of your choice.



AP Photo/Bebeto Matthews

Art Bytes

OPERA



Garden State Opera will be performing Don Pasquale by Gaetano Donizetti on Sunday, Nov. 16 at 4 p.m. in the Student Center. There will be a free performance of excerpts from the opera for schools on Friday, Nov. 14 at 1:00 p.m. in the Student Center. In this opera, true love wins out when the old skinflint Pasquale tries to force his nephew to marry for money. The production will be set in contemporary Los Angeles and performed with an orchestra. For more information, visit www.gardenstateopera.org.



ART

The Visceglia Gallery at Caldwell College presents Melissa Johnson's photographic exhibit entitled Unconscious Motives: The Continuity of Direction. The free exhibition is open until Nov. 14 and is open to the public. In Unconscious Motives, Johnson, an Art Therapy student, investigates the fundamental themes of order, change and transformation in an attempt to illuminate a world in dynamic change and the binary opposition between nature and industry.

LITERATURE

Check out the latest edition to the Jennings Library, Space Vulture signed by author Archbishop John J. Myers. Childhood friends and co-authors Archbishop Myers and Gary K. Wolf (pictured) were determined to recapture the exhilarating science fiction of their youth. This book will transform you to the far reaches of the galaxy, where the interstellar Space Vulture causes mayhem but Marshal Victor Corsaire comes to the rescue.



AP Photo/Bonnie L. Wolf

COMMUNITY AND OUTREACH

Inspirational Students in Their Own Words

Lia Canavan Interviewed by Alyssa Kahwaty

Lia Canavan, a junior at Caldwell College, has been serving God through ministry for several years. Whether it's helping Deacon Greg serve the community or participating in activities for her church, Lia has always been an active member in her community. Lia believes that without God in her life, she would not be the person she is today. She is able to take on so many responsibilities because she has the strength from God to do it.

Q: How many years have you been involved with church ministry or ministry activities?

A: I have been involved in ministry through church and school since junior high. As a student in a Catholic grade school and a member of a thriving parish, I was definitely exposed to many service and ministry opportunities, whether it be collecting cans for food pantries or participating in outreach to elderly and homeless people. Youth group was always a big influence in my life. I have had the blessing of being able to participate in youth group from childhood through high school, as well as being a leader for my church youth group as a young adult. In high school, I became more socially aware through more direct ministry to the poor. My school offered mission trips to Camden, which I went on, and I spent holidays working at a soup kitchen that I was introduced to through community service in high school. In high school, I looked forward to college for more service opportunities. I became an active member of the Caldwell College Campus Ministry in freshman year and have thoroughly enjoyed soup kitchen ministry, outreach to the poor on Midnight Runs, service trips to Camden, West Virginia, and Kentucky, participation in Students for Life of America, and most of all. ministry in the jails. In addition, Relief Services, throughout high school and college, I have been blessed with the opportunity to volunteer and do mission work and service in many other parts of the country, and even travel to Europe for outreach and service. My favorite has been my participation in Hurricane Katrina relief in New Orleans over the past two years.

Q: Which activities have you been involved with at Caldwell College?

A: I have had the blessing of being able to do so much! I have been involved with service trips on all major breaks through Campus Ministry. I have had amazing times going to Camden, West Virginia, and Kentucky. I have traveled to Washington D.C., with other Students for Life members for the annual Students for Life conference and March for Life. both of which were awesome experiences. I have been involved with St. Jude's activities, which are all a blast and truly rewarding because the fundraised money goes to fight childhood cancer. Freshman orientation leadership and the training that leads up to it is lots of fun, as well as participation in school Masses and events such as homecoming and open houses.

What is your major at Caldwell College and what are your plans for the future?

A: I am majoring in Sociology and currently applying for the fiveyear combined accelerated Masters in Social Work degree program. I am seeking a master's degree in social work so that I may truly be able to make a significant difference in the lives of those in need. I'd like to graduate and do some form of good work as a missionary or volunteer for a year or so. The Peace Corps, Catholic

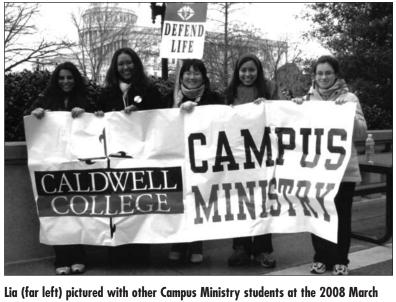
Volunteers for Life, as well as other programs, are all possible routes I am currently looking into. After that, I would like to obtain a job in an inner city such as Camden or Newark and work side by side with the people, either as a counselor for abuse victims or drug addicts, school social worker. family counselor, or hospital social worker. I know it seems like I am one of those college kids who wants to "change the world," but truly, I do. However, I know that I have to be realistic, and it starts with one neighborhood, maybe one child or one family. If I can have a job where I can minister to and positively influence even just a handful of people so that their lives can be better, I will be extremely happy.

Do you plan on being an active member in the church and in your community in the future?

A: Definitely. I am tremendously blessed by God to be in a position where I am able to go to school and obtain a degree. I plan on devoting my life to helping create a better, more just and caring world. A favorite quote of mine is "My life is a gift from God. What I do with my life is my gift back to Him." Whatever I do, I will always be active in the church and community. I would be incomplete and unable to do anything without my faith and the community in which I practice it and worship God. I've watched my parents and family be active church and community members my whole life, and it is a goal of mine to do

Q: What is your most memorable and best experience at Caldwell College so far?

A: A favorite experience of mine in my time so far at Caldwell is my participation in jail ministry with



for Life in Washington, D.C.

Deacon Greg in the Essex County Maximum Security jails. This ministry has opened my eyes to a myriad of new ways to see God and understand His presence in just about everything. Praying with and talking to the men and women in the jails is an incredible, beautiful, gratifying experience that I absolutely love.

Q: What was you most life changing experience and when did this occur?

A: In high school, I participated in a service trip in Camden, where I saw a lot of things I had no prior idea even existed, such as people living in garbage infested crack houses and kids without sufficient food or clothing. This really put things in perspective and gave me a true sense of what I wanted to seek in life. Also, seeing parts of New Orleans for the first time was a true life-changer for me. The horror of such a catastrophe and the remnants that are still there, years later, really affected me. It's not something I can shake.

Q: What made you want to become and active role member of your community and your church?

A: I have always been extremely thankful to God for all that He has given me, and I have always felt called to use what I have to help others or at least just be a positive member of society. I've been in Catholic school my whole life, and I have always been taught to love God by loving your neighbor. The community in which I grew up was really tight knit and my parents were extremely involved in coaching, chaperoning trips, being class parents, working in the school, volunteering in any way possible, and basically just giving everything they had to better the community. I always wanted to emulate them as an adult.

Q: Have you received any awards for your participation in activities?

A: I have been blessed to receive a Campus Ministry scholarship at Caldwell, which is truly a gift. However, the biggest reward of any kind that I have ever received is the feeling I get from doing service work or ministry of any kind. Nothing compares to the experience of preparing a meal for the homeless, or the actual action of giving something or doing something for someone, or the joy I see in the faces of the women in jail as we play music and pray and praise God with them on Sunday mornings. These things are the real rewards.

How You Can Make a Difference

Robert Bethea

Staff Writer

Campus Ministry is off to a great start this year with a wide variety of activities. Deacon Gregory Quinn, director of Campus Ministry since 2006, would like to welcome in more students interested in helping and serving others. According to Deacon Quinn, "Our mission is to implement the spiritual and corporal works of mercy in cooperation with the values of Dominican life of prayer, community, mission and study."

Campus Ministry is offering a number of activities this fall and everyone is encouraged to get

involved. Up to 18 students will have the chance to participate in "Midnight Runs" around New York City to help feed and clothe the homeless. The next "Midnight Run" is scheduled for Nov. 21 at 9:30 p.m. All participants should meet outside Mother Joseph Residence Hall.

Members of the Campus Ministry also take part in weekly activities, which occur every Wednesday, Thursday and Friday. Members can sign up to help feed the homeless at the St. Augustine Church soup kitchen on Wednesday mornings. A minimum of seven students can volunteer to serve in a soup kitchen in Newark. Students will leave from the Newman Center at 8:00 a.m. Also on Wednesday, members are scheduled to help tutor students at the Our Lady Help of Christians School.

Those interested can volunteer to work with children who have special needs on Thursdays, with buses leaving from the Newman Center at 8:45 a.m. The Garden Academy School for Children with Autism in West Orange, offers a program for students interested in volunteering as teaching assistants. During the afternoon at 3:00 p.m., the Horizon High School in Livingston hosts a similar program where Campus Ministry members aid Cerebral Palsy patients, ages 3 to 21, in developing social skills. On

Fridays and Sundays, the Campus 6:00 p.m. to 8:00 p.m. and population. Students participate in prayer with the male prisoners on Fridays and female prisoners on Sundays.

Want to help clothe families in need from the upcoming winter season weather? The 13th Annual "Jersey Cares Coat Drive," in conjunction with the Campus Ministry, will be accepting winter coat donations until Dec. 19. Jersey Cares has been organizing this program for the last 10 years and has distributed winter coats to thousands of men, woman and children in need. The organization's goal for this year is to collect 20,000 winter coats. Volunteers can help sort coats at the Community Food Bank in Hillside on Tuesday nights from

Ministry travels to the Essex Saturday mornings from 9 a.m. to County Jail to pray with the 11:00 a.m. or 11:30 a.m. to 1:30 p.m. Coat donations will be delivered by churches, police stations, schools and other company organizations in support of the program. Be sure to register online at www.jerseycares.org, if you have want to get involved or have any further questions about this event.

> If you are interested in volunteering your time and talents, please contact Deacon Gregory Quinn at (973) 618-3302 or attend a meeting on Wednesdays at noon in Deacon Greg's office in Mother Joseph Residence Hall. Why not use your time to help others and make a difference in someone's life.

Caldwell College Student Newspaper PORTS



Caldwell Basketball Returns with Blend of New Talent and Seasoned Veterans

Nicole Burrell

Sports Editor

This season, Caldwell will take the court with a core of strong upperclassmen, mixed with the excitement that comes from a large group of new players.

Manny Perez returns this year in what everyone is hoping will be his first healthy season in several years. Perez suffered an ACL injury two years ago which prevented him from playing at all in that 2006-07 season. Injury continued to keep him out of games until December of the 2007-08 season. Now as a senior, Perez will need to remain healthy and lead the team both on offense and defense if they are going to be successful this year.

The team will also be looking to seniors Carl Augustin and Michael Luzzi to take major leadership roles on the team.

Junior Sam Cricelli will look to stay healthy this year after suffering from a back injury last season which limited his play. If he is able to play up to his potential, he will be one of the key contributors on

the team.

Meanwhile, about half of the team is made up of new players. Nik Otovic, a freshman from Serbia, is a point guard and, according to Head Coach Mark Corino, shows a good understanding of the game.

Peter Diffley and Matt DeSouza add size to the team while Malcolm Austin comes to Caldwell out of a strong program at Christian Brothers Academy. Matthew Candemeres, another point guard, and Jason Wilson, a transfer out of Quinnipiac also join the 2008-09 team.

This year's schedule will begin with an exhibition against Division 1 Rutgers University. The team will also be traveling to Colorado for a tournament in mid-November and they will face Gannon University on December 29th, a top Division 2 school.

With a pile of tough opponents in the first half of the season, you might think the Caldwell team is at a disadvantage. But, the truth is, they're right where they want to be

"We play the beginning of the season against good competition," Corino said. "That's the concept; it's only going to help us down the road when we get to conference play."

The second half of the season will pit the Cougars against their CACC opponents. That is where the team will really have to shine if they plan to move through the season and into the CACC Tournament. And any team that can emerge victorious in this conference will really have to earn it.

"The reality is that the conference has consistently gotten better," Corino said. "Every team has the ability to beat anyone else on a given night."

For Caldwell, all of the ingredients are there. They have a balance between youth and experience. They have depth and size. This early, it's hard to predict how things will play out for the team, but everything is in place for the Cougars to have a very successful season. So get out and support the team...games you don't want to miss include contests against Philadelphia University (January 10th), Bloomfield College (January 8th) and Holy Family (February 14th). Earlier games to catch are certainly the season opener on November 15th against Molloy College and a December 2nd contest against Felician College.

JUST
LIKE
THE
MEN'S TEAM,
THE WOMEN'S
BASKETBALL
TEAM has a lot
of new additions
to the squad which
will be tested
in the coming
months. But they
are balanced by
experienced athletes already on
the team

Among the returning players is all-CACC forward Mackenzie Lynch. The senior is among those who will be asked to lead this team if they are going to have a winning season.

"We're very young," Lynch said. "We have a lot of new freshman, but I still think we can be

very successful."

There's No Place Like Home

Nicole M. Burrell

Sports Editor

The right field bleachers...if you want to watch a game at Yankee Stadium, that's the only place to do it. Everything is different out in right field...it's like a secret club. You have your own entrance, and that family from Illinois who came to see a game before moving on to the Sightseeing Bus in Times Square will never be able to touch your section. You didn't just happen to buy these seats...you made an investment in Yankee Baseball. You didn't come out for the pointy foam fingers or to do the wave. You'd rather shoot yourself in the foot than stoop that low. No, you're a baseball fan.

In right field, the grass is greener, the smells stronger, the noise more electric. Here, you have the whole field in front of you. You're in the orchestra pit of the greatest stage in baseball...the Bleacher Creatures and their roll call are the overture...without your

music, the game just wouldn't be the same.

It is here that everything matters ...every play, every decision, every call. It doesn't matter that it's "just baseball." For three hours, it's life.

And that is why I have always chosen to sit in right field when I go to Yankee Stadium. My dad and I were given free tickets last season to a game, and we suddenly found ourselves sitting in the loge seats, otherwise known as "box seats." Now, if you've ever sat out in the bleachers, you know that box seats...well...they're not very good. So we spent the better part of the game slouching down, more than a little ashamed of our location. It was weird...people were leaving for cotton candy when there were 2-2 counts and 2 outs...they were talking about work, school, all stuff that didn't belong in our Stadium.

So let's just say that when we walked into Yankee Stadium for the last time this September, we walked into the bleacher entrance.

I'll never forget what I saw that night: Yogi Berra standing at homeplate in his uniform, the crowd chanting Bobby Murcer's name for what seemed like forever, the moment of joy when Bernie Williams showed us that smile we had missed so much as right field rang out his name once more.

It was great to win that game...it wasn't a World Series, but it sure felt huge. Yankee Stadium went out like it was supposed to, a winner. And as Derek Jeter thanked the fans, and the team ran around the field and waved to each section, I was so proud to be a Yankee fan.

It was hard to leave that night, and most of the fans stood around, not really wanting to end their last time breathing the rarified air of that stadium. We all eventually spilled out onto the streets, and walked as one below the subway tracks and toward our cars.

It was funny, because we were all going home, but for a moment, I felt like we were leaving home instead. That stadium held so many



Photo by Nicole Burrell

"My last view of the field at Yankee Stadium from the bleacher concessions."

memories, so many milestones ...and not just for the Yankee players, but for us too.

I will never forget that last Yankee game, the bittersweet ceremonies and the final victory.

I'll never forget that the last person to ever bat at Yankee Stadium was our Captain Derek Jeter, that the last Yankee ever to pitch there was the great Mariano Rivera.

And I'll never forget that last glimpse of green as we walked out of the stadium and I looked over my shoulder one last time. Nothing will ever be as green as that grass...and nothing will ever be as magical as Yankee Stadium. Thanks for the memories.

OPINION



2008

OBAMA

Why I Am Voting for Barack Obama Editor in Chief Meghan Dunn

Sure, I could use this opinion article to bash Sen. McCain and Gov. Palin, but I don't think that would be a good use of my time. I could tell you all the things you have already heard, McCain is too old and Palin is, well...Palin. I think a better use of my time would be to inform you of the reasons I am voting for Sen. Barack Ohama

As a first-time voter who isn't swayed by either party, I have taken who I will vote for very seriously. Up until a month ago, I wasn't sure who I was going to vote for or what qualities I wanted in a president. It wasn't until a trip overseas, where I spent the summer studying in Dublin, Ireland, that I realized who I would vote for and why. Throughout my time living in Dublin, I was asked numerous times by Dubliners and Europeans, "Who are you voting for?" When I told them I wasn't sure yet they proceeded to go on and on about why I should vote for Barack Obama.

Every time this happened, I was shocked at how much the international community knows about Obama and how much they care about our upcoming election. They are very concerned about who wins this election and are very well versed in American politics. I took what they said with a grain of salt, knowing that it would take my own research to decide who I wanted to vote for.

While reading articles and watching the debates, I became more and more convinced that Obama should be the next president of the United States. Obama

stands firm on the issues and doesn't go back on his word. From the beginning, he has said that he is against the War in Iraq and has firmly stood behind that ever since. If he is elected president, he has a timetable for getting the troops out. He believes in middle-class America and wants to help them prosper. And yes, he can deliver a good speech. Is that such a bad thing? Obama can bring about change. Yes, I said the word that has been thrown around this campaign and that I am sick of hearing...change. However, in the country's current status, a little change would be welcomed.

It is his clear-cut plans and decisiveness that won me over. While many say he is too young to be president and make tough decisions, I say you are born with the ability to make tough decisions under pressure and you are born to be a leader. Barack Obama was born to do both.

A president we can be proud of, a president we can stand behind and president who can be respected. That is what Barack Obama would be for Americans if he was elected president.

While writing this piece, I find myself becoming more excited that I am able to vote for Barack Obama on Nov. 4. Yes, he isn't perfect, but no candidate is perfect. Let's not pretend that we don't see flaws in both candidates. What is important is that the good things are enough to compensate for the bad. For me, Obama's take-charge attitude and his ideas for the future of America make up for his lack of experience.

McCAIN

An Obama Reality Check: Enough is Enough Sports Editor Nicole M. Burrell

In a year where Alaskan Governor Sarah Palin has been accused of lacking the experience to serve in Washington, I find myself wondering how people could be pointing a finger at Palin while casting their vote for the junior Senator from Illinois, Barack Obama.

The fact that Obama is even being considered for the presidency is a testament to the celebrity-driven society in which we are living. Sure he's handsome, and the man can deliver a speech. But let's call him what he is...for one second, let's pause before we proudly throw in our vote with the Obama camp.

Rewind for a moment to the day that Obama was sworn into office as a senator: January 4, 2005. People! I just said "2005"! Only in America could someone enter the Senate in 2005, manage to do a lot of nothing for a couple of years, and be sworn into office for the presidency almost exactly four years later. Now that's what I call an experienced American legislator!

Now let's contrast that with Sen. John McCain. Among his many contributions to the United States, McCain served as a naval officer during the Vietnam War. It was almost exactly 41 years ago that Lieutenant Commander John McCain was shot down by the North Vietnamese and taken prisoner. He would remain under their captivity for five horrific years. Below is an excerpt from McCain's firsthand account of one of many torturous moments during his time in their prison:

"He [a North Vietnamese officer in the camp] asked, 'Why are you so disrespectful of guards?' I answered, 'Because the guards treat me like an animal.'

"When I said that, the guards, who were all in the room—about 10 of them—really laid into me. They bounced me from pillar to post, kicking and laughing and scratching. After a few hours of that, ropes were put on me and I sat that night bound with ropes. Then I was taken to a small room. For punishment they would almost always take you to another room where you didn't have a mosquito net or a bed or any clothes. For the next four days, I was beaten every two to three hours by different guards. My left arm was broken again and my ribs were cracked."

Following his liberation, McCain served his country proudly for many years as an officer. He was then voted into the Congress in 1982, and into the Senate in 1986. Currently, he is serving as the senior senator from Arizona.

I would be proud to live in America under a President McCain. I believe he can put his money where his mouth is. Because it's going to get very hard to live on flowery speeches and pretty faces when the going gets tough and Barack Obama can't make the difficult decisions that a Commander-in-Chief must.

So in an election where your vote really matters, maybe the most it ever has or ever will in your lifetime, I implore you to go to the polls informed. There are so many great Web sites available to voters. Spend an hour, a half-hour, ten minutes even getting yourself informed. Don't vote for someone because it's the popular thing to do, or because you feel like you have to vote within your party. Place your vote for the person you feel is best qualified to command the greatest and most important nation in the world: these great United States of America.

It's Not Vote or Die, It's Vote or Lose

Steve Lepore

Staff Writer

There is a noticeable cloud of cynicism guarding all the hype and nonsense pertaining to November's General Election where we will elect our next President. It is this prevailing wisdom that, regardless of who you vote for, there is going to be someone there to try and make sure that your vote doesn't count. The Republicans will tamper with it, the Democrats will cry foul and this race will run past the finish line.

Yes, there's a chance something like this will happen. That doesn't mean it's not as important as ever to vote.

Simply put, if you don't vote, society is not going to end. No one is going to put you in prison. But, maybe the worst thing of all will happen: You'll just be ignored. The election is happening, whether you like it or not. One of the candidates from this wide open field of two (and the increasingly eccentric fringe candidates that everyone knows won't win) will be taking office in January, regardless of how long this campaign gets drawn out. By the new year,

there will be a new President and in celebration of that, we should all be voting. Don't we all see how important voting is after what a mockery our electoral process has become the past two elections?

I understand there are reasonable cases for not voting. Students cannot get to their home state or town and absentee ballots are not promoted to students well enough, nor are they well informed enough about how to send in these ballots. But please, anyone who can vote needs to. These two men have been campaigning on the word "Change." The idea of returning America to its

greatness has been on the table. Well, frankly, we aren't going to be great again in the next eight years. This financial crisis has sent us into a pretty deep hole. We're involved in two wars that don't seem to have a finish line, and worst of all, we are as split a nation as we've ever been in our history. No one is asking you to change the world. You can still complain about the candidate even if you don't vote. It's not vote or die. It's simply vote or lose.

The opinions presented in the paper are not necessarily the opinions of The Kettle staff.

Visit FaithfulCitizenship.org to read, Forming Consciences for Faithful Citizenship: A Call to Political Responsibility from the Catholic Bishops of the United States, a document for prayerful reflection for voters to prepare to fulfill their responsibilities.